



## ***Exciting News!***

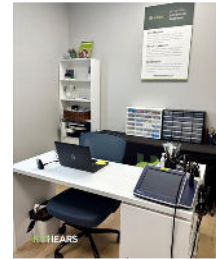
### **New Office in Inez, KY**

After a year of planning, we are excited to announce the opening of our new office at the Martin County Health Department. This milestone is the result of a valuable partnership between KY HEARS and MCHD, which began in mid-2024 when Director Eric Mills offered us the opportunity to better serve the community. He recognized the overwhelming response to our program during our first mobile clinic, where we encountered a high demand for our services. We were unable to accommodate all the individuals who needed our help on the one-day-per-quarter schedule, which sparked the idea of establishing a permanent office in Inez.

This new office will not only serve the community of Inez but will also expand access to neighboring counties, including Johnson, Lawrence, Floyd, and Pike. While we will continue our regular quarterly visits to these areas, the new office will offer an additional option for patients who require more immediate care.

We are deeply grateful to everyone who helped bring this vision to life. At KY HEARS, our mission is to eliminate barriers to hearing healthcare—barriers such as cost and geographic accessibility. With our new location in Eastern Kentucky, we can now provide quicker access to care, benefiting the entire region. This is truly a win-win, and we couldn't be more excited to serve our communities in this new way.

**To schedule an appointment at our Inez office, please call 800-958-9610.**



## ***Make Hearing Checks Part of Your Regular Healthcare Routine***

Maintaining strong hearing is key for staying connected with your surroundings and loved ones. Consider how you prioritize your hearing health and what you can do to implement hearing health maintenance as part of your healthcare routine.

### **Why You Should Prioritize Hearing Tests**

[Hearing loss](#) can develop slowly, making it easy to miss early warning signs. Scheduling routine hearing exams helps detect issues early, offering major benefits such as:

- Early detection: Identifying hearing loss before it worsens allows for more effective treatment.
- Better communication: Strong hearing health improves interactions, whether you're catching up with friends over brunch at Wild Eggs or enjoying a game at the KFC Yum! Center.
- Cognitive health: [A 2013 study of 1,984 older adults](#) enrolled in the Health ABC (Health, Aging and Body Composition) Study found that individuals with hearing loss had an increased risk of cognitive decline compared to those with normal hearing.
- Enhanced safety: Good hearing is crucial for detecting alarms, approaching vehicles, and other important sounds in everyday situations.

### **Who Should Get Their Hearing Checked?**

Hearing tests aren't just for older adults. People of all ages can benefit from regular screenings. You should consider a hearing exam if you:

- Frequently ask others to repeat themselves
- Struggle to follow conversations in noisy settings like a crowded bar on Whiskey Row
- Experience ringing or buzzing in your ears
- Have difficulty hearing high-pitched sounds
- Have been exposed to loud environments
- Take medications known to affect hearing

### **How Often Should You Get Tested?**

- **Adults under 50:** with no symptoms: every 3 – 5 years

- **Adults over 50:** every 1 – 2 years
- **Babies:** screened by one month old
- **Children:** tested immediately if hearing loss is suspected

Making hearing checks a part of your routine can help detect potential issues before they impact your quality of life.

If you would like to schedule an appointment at one of our KY HEARS Clinics, please call our team at 800-958-9610.

## Upcoming Clinics

### Event Information

#### **Pike County Hearing Clinic**

Please call 800-958-9610 to schedule an appointment

When?

**Wednesday, Jun 11, 2025, 09:00 AM**

Where?

**Pike County Health Department, West River Drive, Pikeville, KY, USA**

### Event Information

#### **Washington County Hearing Clinic**

Please call 800-958-9610 to schedule an appointment

When?

**Friday, Jun 13, 2025, 09:00 AM**

Where?

**100 East Main Street, Springfield, KY, USA**

### Event Information

#### **Breathitt County Hearing Clinic**

Please call 800-958-9610 to schedule an appointment

When?

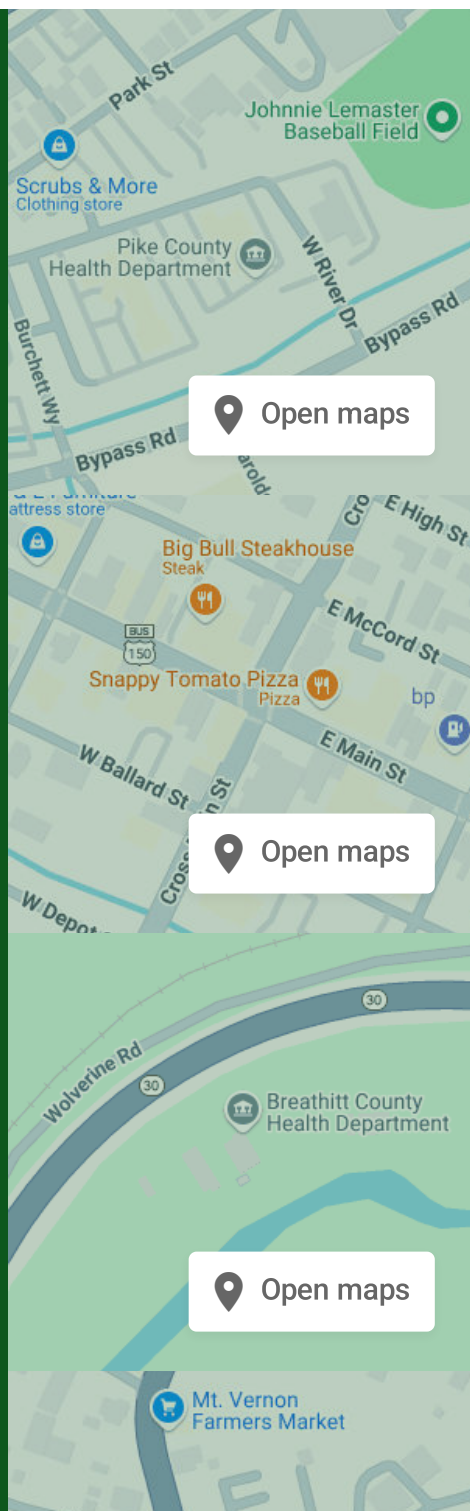
**Wednesday, Jun 18, 2025, 09:00 AM**

Where?

**955 KY-30, Jackson, KY, USA**

### Event Information

#### **Rockcastle Hearing Clinic**



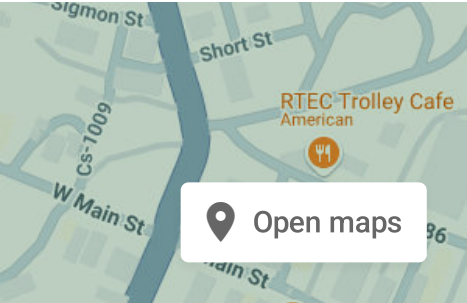


Please call 800-958-9610 to schedule an appointment  
When?

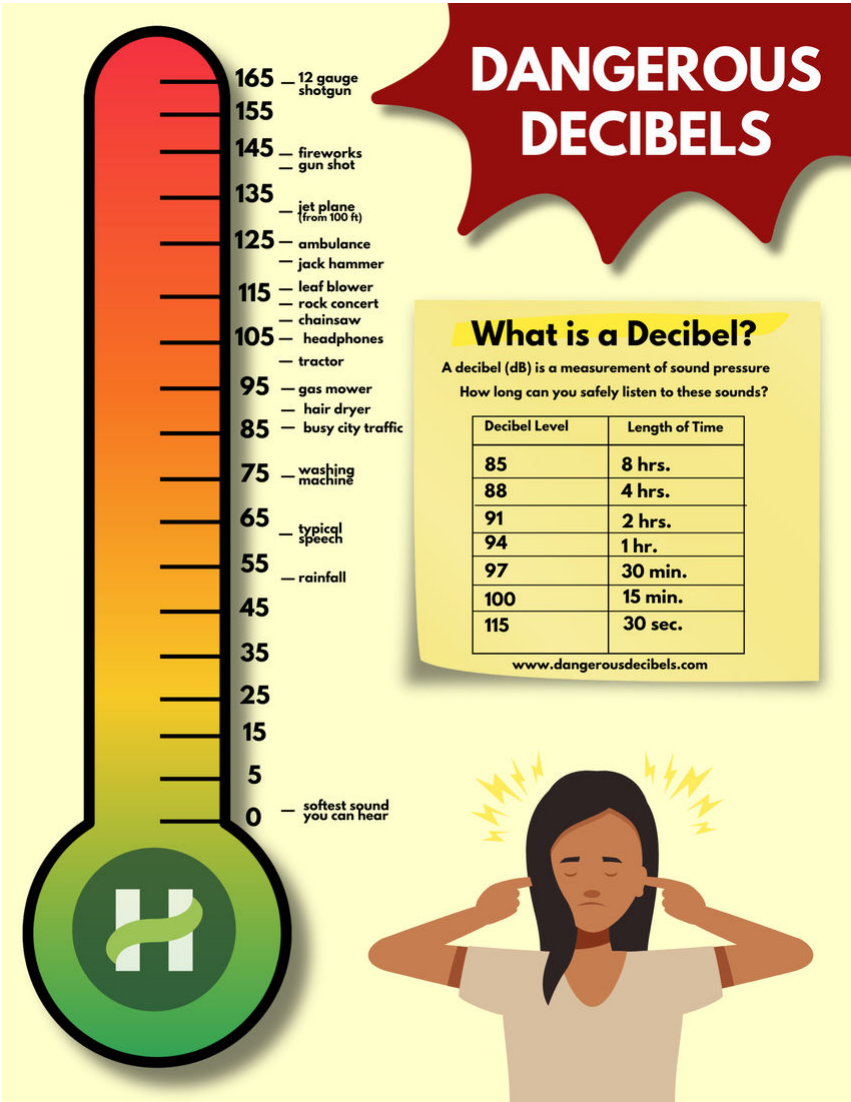
Tuesday, Jun 24, 2025, 09:00 AM

Where?

120 Richmond Street, Mount Vernon, KY, USA



## Be Aware of Noise Exposure



*Wear hearing protection when you are in loud environments*



**Devon Woodlee**

Devon is using Smore to create beautiful newsletters

