

## **Hearing Healthcare in Kentucky**

"Can Y'all Hear Me Now?": The Fun (and Important) Side of Hearing Healthcare in Kentucky

Let's have a little heart-to-heart, Kentucky-style—about something we don't talk about nearly enough: our hearing. Yep, we're talking ears. Whether you're catching the hum of cicadas in the summer or hollering across the yard during a family cookout, your hearing is working hard to keep you connected.

But here's the kicker-most of us take it for granted.

#### Kentucky, We've Got Ears to Love

From Pikeville to Paducah, our state is full of sound: bluegrass bands, high school football crowds, coffee shop chatter, and maybe even the occasional "Bless your heart" (which, let's be honest, can mean just about anything). Hearing these everyday moments brings joy, connection, and safety. But hearing loss is more common in Kentucky than many folks realize. Whether from years of working in loud factories, farming equipment, or just turning up that radio a little too loud, many Kentuckians are starting to miss parts of the conversation.

#### It's Not Just for Seniors

Let's bust a myth right now: hearing issues aren't just for our grandparents.

Young people across the Commonwealth are also seeing signs of early hearing loss—often from earbuds blasting country hits or podcasts during long drives.

But here's the good news: hearing healthcare has come a long way. Today's hearing aids are smart, small, and even connect to your phone or TV. No more big clunky devices. No more embarrassment. Just crystal-clear sound and a better quality of life.

### Tips for Tuned-In Hearing, Kentucky Style

Want to keep your ears in good shape? Here are some simple ways to make it happen:

- Ease Up on the Volume: If your music can be heard across the holler, it's probably too loud.
- **Schedule a Hearing Test:** Just like your yearly checkup. To schedule an appointment at one of

our clinics, please call 800-958-9610.

- **▲ Use Ear Protection:** Mowing the lawn? Hitting the track at the Speedway? Grab some earplugs. Your ears will thank you. If you are always around loud noise, consider custom ear molds.
- Rest Your Ears: After a loud concert or derby party, give your ears a little quiet time.

### No Shame in the Hearing Game

Here in Kentucky, we look out for our own—and that includes encouraging each other to stay healthy, head to toe (and ear to ear). If you've noticed you're saying "What?" a little more often, or turning up the TV louder than the rest of the house likes—don't ignore it.

Taking care of your hearing means staying connected to the people and places you love most. And there's nothing more Kentucky than that.

Call KY HEARS at 800-958-9610 for more information about hearing healthcare.



## **KY HEARS** partners with Raising Hope KY



### **Program helping farmers hear better**

Many farmers suffer from hearing loss because of exposure to farming and industrial work and loud animal noises.

☑ wave3.com



# **Upcoming Events**

### **Event Information**

**Johnson County Hearing Clinic** 

When?

Wednesday, Apr 2, 2025, 09:00 AM

Where?

630 James S Trimble Boulevard, Paintsville, KY, USA

### **Event Information**

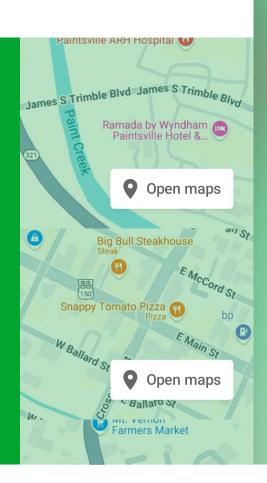
**Washington County Hearing Clinic** 

When?

Wednesday, Apr 9, 2025, 09:00 AM

Where?

100 East Main Street, Springfield, KY, USA



Rockcastle County Hearing Clinic When?

Wednesday, Apr 16, 2025, 09:00 AM

Where?

120 Richmond Street, Mount Vernon, KY, USA

**Event Information** 

**Crittenden County Hearing Clinic** 

When?

Tuesday, Apr 22, 2025, 09:00 AM

Where?

131 East Depot Street, Marion, KY, USA

**Event Information** 

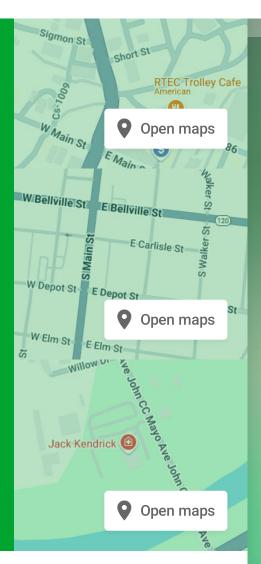
**Floyd County Hearing Clinic** 

When?

Friday, Apr 25, 2025, 09:00 AM

Where?

23 Willow Drive, Auxier, KY, USA



For information about these hearing clinics or to schedule an appointment, please call 800-958-9610 to speak with a member of the KY HEARS team.



**Devon Woodlee** 

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