



## **KY HEARS News for 2025**

The KY HEARS team is excited for 2025. As we begin this new year, we are looking forward to adding more clinics and health fairs throughout the state. In 2024, we were able to host 59 events that enabled Kentuckians to access hearing healthcare information and resources in both rural and urban communities. This was due in large part to our continued partnerships with local health departments, the Circuit Court Clerks of Kentucky, and community agencies that support our team and mission.

2025 is starting out strong. We will be attending multiple health fairs in January and February focused on industrial level hearing healthcare. Our goal for these events is to provide information on hearing protection for Kentuckians who work in loud environments. Loud work environment is a factor in hearing loss for many Americans. Companies are doing a great job of providing their employees with hearing protection and information. The role of KY HEARS is provide additional resources and information to workers. Please see our January and February schedule below to see our upcoming events.

Finally, depend upon KY HEARS for your team. Our certified technicians provide employee education, hearing conservation, hearing protection, ear fit safety assessments and industrial testing to meet state and federal guidelines for employee safety. Contact 1800-958-9610 to schedule testing for your company or your community.

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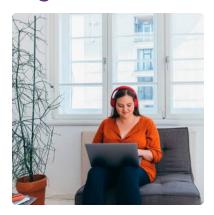


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## How To Use Headphones While Wearing Hearing Aids

According to the National Institute on Deafness and Other Communication Disorders, <u>"About 28.8 million U.S. adults could benefit from using hearing aids."</u>

Hearing aid technology has advanced at a rapid pace in recent years. One of the latest features is the ability for your hearing aids to act like wireless earbuds using <a href="Bluetooth">Bluetooth</a>® technology. However, not every hearing aid has this feature. Below we review how you can use your hearing aids like earbuds as well as how you can use actual headphones with your hearing aids.



### Bluetooth-Enabled Hearing Aids

Most newer hearing aids offer Bluetooth technology, which allows you to wirelessly connect your hearing aids with other Bluetooth-compatible devices, such as your smart TV, laptop, tablet or smartphone. This makes listening to your favorite show, musician or podcast even easier. It is important to note that using Bluetooth can drain your <u>batteries</u> faster than normal use.

### Hearing Aids Without Bluetooth

If your hearing aids don't have Bluetooth technology, that doesn't mean you can't still enjoy your favorite media in public places like Sunergos Coffee in Louisville. It just means you'll need to add another device, like headphones. You should know it may also take some trial and error to find a setup that works for you.

#### If You Have In-the-Ear Hearing Aids

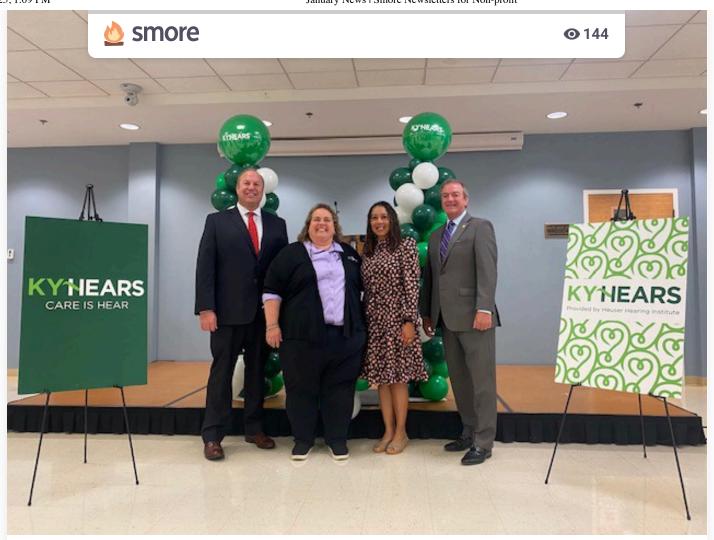
If you have in-the-ear (ITE) <u>hearing aids</u>, you will probably have an easier time finding headphones that work for you. On-ear or over-the-ear headphones are the styles that are most compatible with this type of hearing aid. Earbud-style headphones may work with invisible-in-the-canal hearing aids, as these sit deep in the ear canal.

### If You Have Behind-the-Ear Hearing Aids

If you have behind-the-ear (BTE) hearing aids, over-the-ear headphones will work best. It is important that the cushion of the headphones fits entirely over the hearing aid's microphone. If it doesn't, the hearing aid may pick up external sounds in addition to whatever you are listening to through your headphones.

# Remembering 2022 with the late Virginia Moore and Representative David Osborne

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## A Year In Photos













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### **Upcoming Events**

**Event Information** 

### **Kentucky Farm and Machinery Show**

The KY HEARS Mobile Clinic will open during the machinery show and attendees will be able to do computerized hearing tests as well are receive information and resources about hearing protection and overall hearing healthcare.

When?

Wednesday, Feb 12, 2025, 09:00 AM

Where?

Kentucky Exposition Center, Phillips Lane, Louisville, KY, **USA** 



Open maps

**Event Information** 

### **Eastern Kentucky Farmer's Conference**

The KY HEARS Mobile clinic will be open during this conference for attendees.

When?

Friday, Feb 21, 2025, 09:00 AM

Where?

London Community Center, South Main Street, London, KY, USA



Open maps

**Event Information** 

### **Kentucky State Capitol**

The KY HEARS Mobile Clinic will be open to visitors to the Capitol to take computerized hearing tests and learn about hearing healthcare.

When?

Wednesday, Feb 26, 2025, 08:30 AM

Where?

Kentucky State Capitol, Capitol Avenue, Frankfort, KY, USA



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**Devon Woodlee** 

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