

December News

Tis the season to be joyful

Our Founding Partners

This month, the KY HEARS team would like to highlight two essential organizations that have played a crucial role in the 75 years of success for Heuser Hearing Institute. The Woman's Club of Louisville, established in 1890, and the Kiwanis Club of Louisville, chartered in Louisville in 1916.



The Woman's Club of Louisville is driven by the conviction that when women channel their ideas, passions, and purpose towards a common goal, they can achieve great things. Through its missions, programs, and initiatives, the Club seeks to empower women by providing the support and resources needed to make a measurable difference in the community.

The Kiwanis Club of Louisville is a thriving organization of community and service-minded men and women. With more than 7,700 Kiwanis clubs in over 80 countries, they make a significant impact by responding to the needs of their communities and pooling resources to address community issues. The motto is "Serving the Children of the World."

Both of these organizations continue to actively support the mission and vision of Heuser Hearing & Language Academy and Heuser Hearing Institute.

Heuser Hearing & Language Academy is a comprehensive educational community that exists to empower those with hearing loss or speech, language, and communication disorders to reach their full potential and effectively participate in the community.

Formerly known as the Louisville Deaf Oral School, Heuser Hearing & Language Academy was established in 1948 through a joint sponsorship between the Woman's Club of Louisville and the Kiwanis Club of Louisville. It had a humble beginning with three children in the basement room of the Woman's Club. At that time, Miss Barbara Daugherty, Miss Alice Clark, and Mrs. Ruth Browning were the only teachers, volunteering to instruct students on Saturday mornings. By the close of the first school year, 11 children had enrolled.

The Louisville Deaf Oral School was the first school of its kind in the state of Kentucky. Today, the academy remains one of the few schools that strongly supports an auditory approach to learning.

Since its inception, Heuser Hearing & Language Academy has provided early intervention and education for children who are deaf and hard of hearing. The goal is to impart in each student a strong and lasting foundation on which they can build a promising and successful future.

Additional Options for our Mobile Clinics

Stand Alone Office

We are happy to announce that we have a new mobile office for our rural clinics. This mobile office will allow more flexibility in the communities that we serve. The office has a sound booth that allows our team of audiologist and technicians to provide hearing tests in the same environments as our brick and mortar locations in Louisville while also allowing our partnering agencies to maintain their office spaces for business. We hope that this added office will help us to enhance the patient experience.





Can Vitamin D Deficiency Contribute to Hearing Loss?

New Research

More than <u>1.5 billion people</u> (nearly 20% of the global population) live with hearing loss. Common factors that can increase your risk of hearing loss include aging, loud noise exposure, viral illnesses, genetics and more. New research indicates that vitamin D deficiency could be another risk factor for developing hearing loss.

A 2022 study analyzing data from the National Health and Nutrition Examination Surveys (2001-2006, 2009-2012), including 3,489 participants aged 50 and over, found a <u>significant association</u> <u>between those with vitamin D deficiencies and sensorineural hearing loss</u> (SSNHL), the type of hearing loss associated with the inner ear.

The 2022 study was further supported by a 2023 study that found that vitamin D deficiency was higher in those with SSNHL than those without. The study was able to <u>positively identify</u> a connection between vitamin D deficiency and increased risk for SSNHL.

If you're concerned that a vitamin D deficiency will <u>adversely impact your hearing</u>, speak to your provider about your options. They may recommend taking a vitamin D supplement in addition to eating vitamin D-rich foods. **Always discuss supplements with your provider to avoid taking more than the recommended dose.**



Upcoming Events

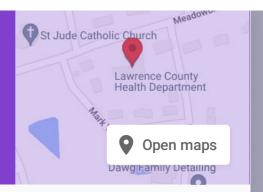
Hearing Clinic

When?

Wednesday, Jan 24, 2024, 09:00 AM

Where?

Lawrence County Health Department, Meadowbrook Lane, Louisa, Kentucky, USA



Event Information

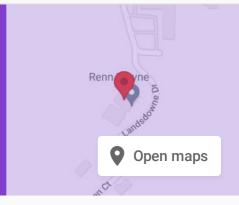
Hearing Clinic

When?

Thursday, Jan 25, 2024, 09:00 AM

Where?

3701 Landsdowne Drive, Ashland, KY, USA





Devon Woodlee

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